



Benefits Of Slip-Resistant Footwear



Would You Take Risks Without Protection?

Most people wouldn't drive without a seatbelt, skydive without proper gear, or ride a motorcycle without a helmet—because they understand the risks. But what about the risk of wearing improper footwear at work?

In the hospitality industry, employees may not realize how easily a slip or fall can occur—and how preventable these incidents are with the right safety shoes.

The Impact of Slip and Fall Accidents

Slip and fall incidents can have serious consequences:

- + **Physical Injuries:** These can include broken bones, sprains, concussions, and burns. For example, slipping in a kitchen could result in a hand landing on a hot surface or sharp object.
- + **Financial Strain:** Injuries may lead to time off work and mounting medical bills. Even with workers' compensation, upfront costs can be significant. The average claim for a slip and fall is approximately \$28,000—a financial burden for many.
- + **Emotional Toll:** Recovery can be stressful. The inability to work, physical pain, and financial pressure often lead to anxiety and depression.

Wearing slip-resistant footwear is a simple, effective way to reduce these risks and stay focused, safe, and productive at work.

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Benefits of Slip-Resistant Footwear

- + Essential for jobs that require standing or walking for long periods
- + Oil-resistant soles help prevent slips in greasy environments
- + Replace shoes when tread wears down
- + Keep shoes clean—carry them to work to avoid parking lot debris
- + Maintain clean floors—pick up food spills promptly and use clean mops
- + Use separate mops for front and back-of-house areas to avoid cross-contamination

Choosing the Right Shoe

Selecting appropriate footwear starts with a Personal Protective Equipment (PPE) assessment.

Consider:

- + Closed toe and heel
- + Steel toe (if needed)
- + Slip-resistant soles
- + Comfort and support

Note: Standard tennis shoes are not slip-resistant unless specifically designed to be.

Department-Specific Considerations

- + **Administration:** May require closed-toe, low-heel shoes with good traction.
- + **Staff:** Should wear supportive, slip-resistant shoes with closed toe and heel to navigate varied hazards.
- + **Dining Services:** Require restaurant-grade shoes that protect against hot liquids and surfaces, with slip-resistant soles and enclosed design.

Choosing the Right Shoe

Selecting appropriate footwear starts with a Personal Protective Equipment (PPE) assessment.

- + **SlipGrips:** Has a specific section that includes slip resistant tennis shoes.
- + **Skechers Work:** Provides a shoe for a variety of work task and is also slip resistant.
- + **TredSafe:** Available at Wal-Mart.
- + **Shoes for Crews:** Offers a variety of shoes and programs that certify their shoes will not cause a work related incident.