

Self-Funding Analysis Summary

1, 3, 5 Year Time Horizon

Fully Insured Rate (FI)	Base Case	Scenario
Fully Insured Premium	\$15,514,000	\$15,514,000
Self-Funding	Base Case	Scenario
Specific Deductible	300,000	400,000
Aggregate Margin	120%	120%
Expected Cost to Self Insure	\$14,925,000	\$14,954,000
Expected Savings/(Expense) vs. FI	\$588,000	\$560,000
Probability of Outperforming FI	70.9%	69.1%
Aggregate Attachment Point	\$15,719,000	\$16,022,000
Maximum Cost (Agg Attachment + Fixed Expenses)	\$17,275,000	\$17,360,000
Probability of Reaching Maximum Cost	0.9%	1.3%

Expected Cost to Self Insure	Base Case	Scenario
Estimated Claims Payable by the Plan	\$13,370,000	\$13,615,000
Stop Loss Premium	670,000	452,000
Administration Expenses	886,000	886,000
Total Expected Cost to Self Insure	\$14,925,000	\$14,954,000

Multi-Year Likelihood of Beating Benchmark	Base Case	Scenario
1 Year Time Horizon	70.9%	69.1%
3 Year Time Horizon	82.6%	80.2%
5 Year Time Horizon	89.3%	86.6%
Multi-Year Expected Savings	Base Case	Scenario

Multi-Year Expected Savings	Base Case	Scenario
1 Year Time Horizon	\$588,000	\$560,000
3 Year Time Horizon	\$1,765,000	\$1,681,000
5 Year Time Horizon	\$2,942,000	\$2,802,000

Likelihood of Beating Fully-Insured: 1, 3, 5 Years

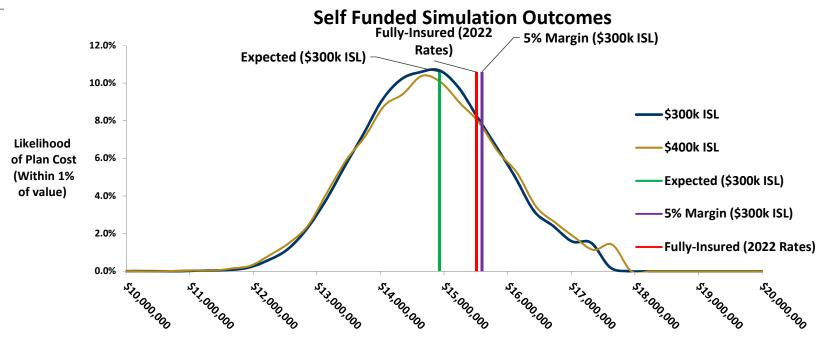


Expected Savings vs Fully-Insured: 1, 3, 5 Years



Modeled Likelihood of Plan Cost Outcomes

Based on historical claims experience



Plan Cost (Including Fixed Costs)

Self-Funded:

- Self-funded is less costly scenario in 71% of trials
- Average savings in year 1 of 3.8% (\$588,000)
- Stop loss coverage manages risk by narrowing the range of outcomes

Fully-Insured:

- Fully insured projections are based on 2022 rates and enrollment
 - Fully-insured rates lower than would be "breakeven"

\$300k ISL Scenario Margin			Probability
Analysis	Claims	Total Plan Cost	Below
Expected (\$300k ISL)	\$13,370,000	\$14,926,000	50.8%
5% Margin (\$300k ISL)	\$14,038,500	\$15,594,500	73.2%
10% Margin (\$300k ISL)	\$14,707,000	\$16,263,000	88.5%
15% Margin (\$300k ISL)	\$15,375,500	\$16,931,500	96.0%
Fully-Insured (2022 Rates)		\$15,513,867	71.0%

FACTORS FOR CONSIDERATION

Plan modeling is highly dependent on past experience and trends, but several factors may make a switch to self-insurance a better strategic decision:

Strategic Considerations

- Risk appetite and philosophy should ultimately determine whether self-insurance is "the right fit" – self-funding isn't for everyone!
- Groups coming on leaving is a concern runout and run-in claims

Unknown rate Increases and fixed costs

- Actual cost comparisons are highly dependent on fully-insured rate increases, which are not yet available for next year, high rate increases often follow poor experience
- Self-insured fixed costs are highly dependent on stop loss premiums, which are currently unknown. Significant large claim activity may lead to higher rates.

Claims improvement

- Favorable claims experience often follows adverse experience.
- If self-insured, Sample Client has more control over implementing cost containment programs for your specific population



OVERALL COST IMPACT SUMMARY

Impact of Demographics

(Benchmark: 1.000 factor)

(Benchmark: 75% Act. Value)

Demographic Factor: 0.914

Percent Impact: -8.6%

PMPM Impact: -\$30

Impact of Plan Design

Plan Design Value: 81%

Percent Impact:

+8.7%

PMPM Impact: +\$35

Impact of Risk Score

(Benchmark: 1.000 risk score)

Risk Score: 1.302

Percent Impact:

+30.2%



PMPM Impact:

+\$96

Impact of Geography

(Benchmark: Nationwide)

Geographic Factor: 0.984



Percent Impact:

-1.6%

PMPM Impact:

-\$7

Four main characteristics impact a plan's cost: demographics, Plan design richness, risk and utilization, and geography.

While risk score can be impacted through wellness programs, and plan design value is at the discretion of the employer, understanding the impact of each is important for understanding plan cost.

Overall Impact

Actual Plan Cost

\$440

Impact of plan characteristics (compared to average population): \$94 PMPM (\$6,007,988 total)

PMPM

Paid Claims PMPM	Reporting Period	Prior Period	Custom Benchmark	vs Prior Period	vs Custom Benchmark
Inpatient	\$104.14	\$107.29	\$141.77	-2.9%	-26.5%
Outpatient	\$169.25	\$144.09	\$219.05	+17.5%	-22.7%
Office Visit	\$47.09	\$46.42	\$85.20	+1.4%	-44.7%
Medical	\$320.48	\$297.80	\$451.83	+7.6%	-29.1%
Pharmacy	\$119.86	\$127.39	\$141.47	-5.9%	-15.3%
Medical and Rx	\$440.34	\$425.19	\$593.30	+3.6%	-25.8%

Custom benchmarks incorporate cost impact of demographics, plan design, risk score, and geography for each service category.

DEMOGRAPHICS

Impact of Demographics

(Benchmark: 1.000 factor)

Demographic Factor: 0.914

Percent Impact: -8.6%

PMPM Impact:

-\$31

women tend to cost more than men due to pregnancy-related services and several high cost illnesses that impact women at greater rates (such as breast cancer).

Cost tends to increase with age. Among those less than 40 years old,

Demographic mix is typically dependent on industry, as well as benefit richness. Lower family contributions will tend to attract more families, increasing child enrollment.

Average Age (includes dependents)

31.9

Benchmark: 36.4

Prior Period: 32.8

Percent Female (includes dependents)

46.3%

Benchmark: 50.9%

Prior Period: 46.2%

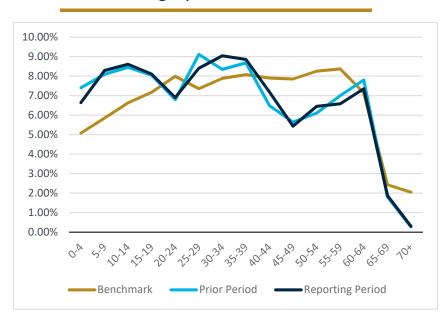
Contract Size

2.45

Benchmark: 1.95

Prior Period: 2.50

Demographic Distribution



OVERALL PLAN DESIGN BENCHMARKING SUMMARY

Impact of plan design

(Benchmark: 75% Act. Value)

Plan Design Value: 81%

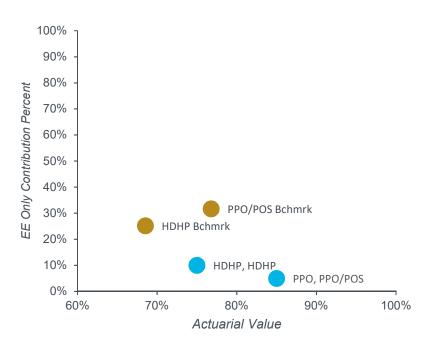
Percent Impact:

+8.7%



PMPM Impact: +\$35

Actuarial Value and EE Only Contribution Rate, vs Benchmark



Key Strategic Initiatives

Strategic Initiative		Benchmark*	National*
Medical Plan, Network, and Utilization			
HDHP Option	~	80%	82%
Spousal Surcharge or Spouse Exclusion		Exclusion: 12%	9%
Spousal Surcharge of Spouse Exclusion	×	Surcharge: 12%	16%
Telemedicine Cost Sharing		Yes: 83%	72%
relemedicine cost sharing	~	Avg copay: \$28	\$25
Onsite/Near Site Clinic - Occupational Health		Occ. Health: 28%	10%
	~	Primary Care: 14%	14%
Advocacy Tools		Digital: 7%	6%
Advocacy 100is	~	Telephonic: 30%	29%
Reference Based Pricing	×	0%	3%
Pharmacy			
PBM Carve-Out	~	49%	33%
Drug Purchasing Coalition	×	50%	23%
Steerage to specialty pharmacy usage	~	82%	71%
Whole Health			
		Mental Health: 72%	75%
Wellness Priorities		Financial: 64%	48%
Welliless Filorities		Weight Mgmt: 40%	40%
	~	Social Determ.: 12%	8%
Integrated Wellness Platform/App	~	58%	50%
Financial Health Resources	~	53%	51%

^{*}Survey Data From: Mercer 2020 Health Plan Cost Survey, Energy and Petroleum

RISK ANALYSIS AND HIGH COST CLAIMANTS

Impact of Risk Score (Benchmark: 1.000 risk score)

Risk Score: 1.302 Percent Impact:

+30.2%

PMPM Impact:

+\$95

2.6% Of members drive 50% of costs

11.9% Of members drive 80% of costs

25 Members over \$150,000 paid claims

Top 10 High Cost Claimants

Diagnostic Category	Relationship, Gender, Age	Medical Paid	Rx Paid	Total Paid
Cancers, Other	Dependent, M, 5	\$886,015	\$20,399	\$906,414
Infectious Diseases	Employee, M, 60	\$638,822	\$343	\$639,165
Infectious Diseases	Employee, M, 39	\$607,306	\$39	\$607,345
Lung Conditions, Other	Dependent, F, 13	\$168,685	\$419,467	\$588,152
Thyroid Disorders	Spouse, F, 54	\$357,903	\$7	\$357,911
Coagulopathy	Dependent, M, 18	\$677	\$345,832	\$346,509
Cancers, Other	Spouse, M, 64	\$304,766	\$36,369	\$341,135
Septicemia	Dependent, M, 1	\$320,500	\$87	\$320,588
Cancer Therapies	Spouse, F, 58	\$269,083	\$7,519	\$276,602
Myocardial Infarction	Spouse, F, 56	\$268,287	\$582	\$268,869

Rising Risk Members: Highest projected cost next year, under \$25,000 claims last year

					Upcoming 12		
				Most Recent 12	Months Projected	Difference in	
Diagnostic Category	Relationship	Gender	Age	Months Paid	Paid	Projected Cost	Top Prescription Drug
Renal Failure	S	F	47	\$11,104	\$157,665	\$146,561	Velphoro
Seizure Disorders	С	M	12	\$16,862	\$141,753	\$124,891	Felbamate
Leukemias	S	F	62	\$2,435	\$79,509	\$77,074	Prevymis
Cancers, Other	С	F	3	\$16,536	\$65,052	\$48,516	Neupogen
Leukemias	С	M	2	\$2,136	\$57,876	\$55,740	Purixan
Gallbladder and Biliary Disease	SE	M	62	\$16,809	\$55,120	\$38,311	
Liver Diseases	С	M	12	\$261	\$54,652	\$54,391	Vancomycin Hcl
Pregnancy Complications	S	F	32	\$5,014	\$49,296	\$44,283	
Congenital Anomalies - Circulatory System	С	F	0	\$2,638	\$49,036	\$46,399	Enalapril Maleate
Spine Disorders, Other	S	F	63	\$23,032	\$47,424	\$24,393	Elmiron

KEY UTILIZATION METRICS

Utilization Per 1,000, vs Prior and Benchmark **Opportunities for** influence -60.0% -40.0% -20.0% 0.0% 20.0% 40.0% 60.0% 80.0% 2.8% **Total Office Visits** -9.0% Plan Design 21.7% Communication **ER Visits** 10.1% **Outpatient** Non-ER Availability 62.0% Telehealth **Urgent Care Visits** -2.1% Concierge 5.1% MRI/CT/PET -20.4% -3.0% Provider quality Surgeries: OP/ASC -17.7% Surgical Wellness 45.1% Concierge % C-Section 19.0% -6.4% Total Admissions -8.8% Risk 11.9% Inpatient Days 6.0% **Inpatient** Wellness Provider quality 19.6% Avg LOS 16.2% Concierge 30-Day Readmit⁻⁵².0% -14.6% 7.1% MH/SUD Off Visits -36.2% Whole Health Mental Health * wellness 72.6% MH/SUD Admits 35.9% -11.2% **Pharmacy Scripts** -5.6% • Plan design **Pharmacy** Provider quality ■ vs Prior ■ vs Benchmark

TOTAL SAVINGS AND EFFICIENCY SUMMARY

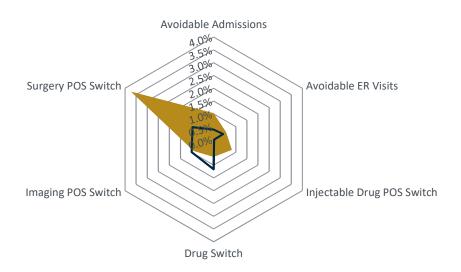
If the dark Blue line falls outside of the Orange shaded area, potential savings is higher than benchmark, indicating more than average opportunity for potential savings.

If the dark blue line falls within the Orange shaded area, the plan is operating more efficiently than the benchmark population.

Potential Savings vs Benchmark

	Sample Client	Benchmark	Difference from
Potential Savings Category	Savings	Savings	Benchmark
Avoidable Admissions	\$108,723	\$288,436	-\$179,713
Avoidable ER Visits	\$120,012	\$158,357	-\$38,345
Injectible Drug POS Switch	\$5,905	\$231,880	-\$225,975
Drug Switch	\$329,780	\$192,291	\$137,489
Imaging POS Switch	\$281,199	\$254,502	\$26,697
Surgery POS Switch	\$270,469	\$1,052,589	-\$782,120
Total	\$1.116.088	\$2.178.055	-\$1.061.967

SAVINGS AS A PERCENT OF TOTAL SPEND



■ Benchmark

■ Sample Client

Benchmarks reflect Deerwalk Book of Business, covering more than 4 million lives

MENTAL HEALTH AND SUBSTANCE USE DISORDERS (MH/SUD) SAMPLE DATA

Total members with depression

259

Benchmark: 298 Prior: 251 MH/SUD Office Visits per 1.000

412.8

Benchmark: 647.0 Prior: 385.3 MH/SUD Admits per 1,000

5.98

Benchmark: 4.40 Prior: 3.46 PMPM Mental Health
Diagnosis Spend (Med/Rx)

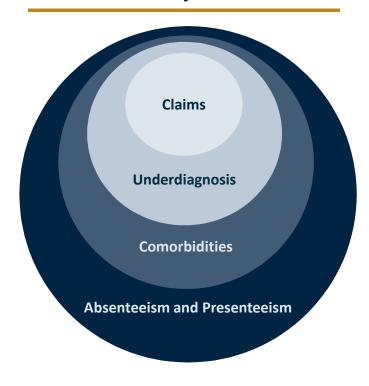
\$16.47

Benchmark: \$17.07 Prior: \$11.70 **Pharmacy PEPM**

\$1.66

Benchmark: \$1.68 Prior: \$2.37

The Full Cost of Mental Health



Claims Costs

Sample Client spent \$1,058,000 on mental health diagnoses, compared to a benchmark of \$1,096,000, accounting for 3.7% of overall medical and Rx costs. Direct mental health costs typically account for only a portion of the total mental health cost burden.

Underdiagnosis

Based on statistics produced by workplacementalhealth.org, over 60% of people do not seek treatment for their mental health condition. According to the World Health organization, 65-80% of people would improve with treatment.

Comorbidities

Claims costs for comorbid medical conditions are increased when a mental health claim is present. According to a January 2018 research report from Milliman, costs for chronic medical conditions more than double when a comorbid mental health condition is present.

Absenteeism and Presenteeism

Based on statistics produced by workplacementalhealth.org, employees with depression lose 31.4 days per year to absenteeism, and 27.9 to presenteeism. This translates to \$3,200,000 annually for an average group with 2,200 employees.

CARE COMPLIANCE

Key Preventive Services

Preventive Care: (Routine exam in last 24 months)	79.2%	prior: benchmark:	81.4% 83.0%
Cholesterol Screening: (Ages 40-64)	71.6%	prior: benchmark:	68.1% 56.9%
Mammography: (Women ages 50-75)	50.8%	prior: benchmark:	51.5% 56.7%
Cervical Cancer Screening: (Women ages 21-65)	49.2%	prior: benchmark:	49.9% 59.5%
Prostate Exam: (Men ages 50+)	55.5%	prior: benchmark:	54.7% 46.3%
Colorectal Cancer Screening: (Ages 50-75)	25.7%	prior: benchmark:	24.4% 24.0%

Disease Specific Compliance Rates

Mental Health / Substance Abuse	Current	Benchmark	Prior
Depression: Remaining on antidepressants	66.7%	84.5%	90.4%
Opioids: 45+ Days Supply	2.40%	1.16%	2.78%
Diabetes (229 members)	Current	Benchmark	Prior
Annual dilated eye exam	20.5%	25.7%	20.4%
Annual foot exam	45.4%	43.7%	44.3%
Annual HbA1c test done	85.6%	81.9%	87.2%
Annual lipid profile	77.7%	72.5%	84.7%
Annual LDL screening	77.7%	72.6%	85.1%
Smoking Cessation	65.1%	60.1%	63.0%
Hyperlipidemia (452 members)	Current	Benchmark	Prior
Annual lipid profile	84.1%	79.9%	85.6%
On lipid-lowering medication	63.3%	53.0%	61.9%
Hypertension (695 members)	Current	Benchmark	Prior
On antihypertensive medication	80.0%	70.0%	78.1%
Annual lipid profile	75.4%	66.9%	72.9%
	Hiahliahtina sha	ws comparisons to	benchmark.

Additional key services without available benchmarks:

- Prenatal and postnatal care
- Well-baby and well-child visits
- Child vaccinations
- Flu vaccinations
- Chronic condition-specific medication adherence

CHRONIC CONDITIONS AND DIAGNOSES

Top 15 Benchmark Chronic Conditions, by Benchmark Prevalence

Condition	Benchmark Prevalence	Number with	Prevalence Rate	
	Rate	Condition	Current	Prior
Hypertension	13.4%	698	13.1%	13.6%
Hyperlipidemia	9.7%	484	9.1%	8.8%
Lower Back Pain	6.2%	304	5.7%	6.6%
Diabetes	5.8%	235	4.4%	4.4%
Depression	5.6%	259	4.9%	4.6%
Blood Disorders	3.9%	211	4.0%	3.9%
Osteoarthritis	3.4%	157	3.0%	3.3%
Asthma	3.3%	200	3.8%	4.4%
Cancer	2.7%	128	2.4%	2.2%
ADHD	2.5%	147	2.8%	2.7%
Morbid Obesity	2.4%	112	2.1%	1.8%
CAD	1.8%	87	1.6%	1.8%
Chronic Pain	1.8%	88	1.7%	1.7%
Liver Diseases	1.2%	62	1.2%	1.0%
CKD	0.9%	35	0.7%	0.7%

Of the top 15 chronic conditions (by prevalence rate):

- 3 were higher than benchmark in the current period
- 4 were higher than benchmark in the prior period
- 7 increased in prevalence between the prior and current period

Top 5: Diagnoses With Highest Total Cost vs National Benchmark

- 1. Infectious Diseases
- 2. Cancers, Other
- 3. Myocardial Infarction
- 4. Thyroid Disorders
- 5. Intervertebral Disc Disorders

Bottom 5: Diagnoses With Lowest Total Cost vs National Benchmark

- 1. Cancer Therapies
- 2. Breast Cancer
- 3. Pregnancy Complications
- 4. Spine Disorders, Other
- 5. Diabetes Mellitus



PRESCRIPTION DRUG SUMMARY

Key Utilization Metrics

Note: All dollars gross of rebates

PMPM Cost:

Reporting Period, \$119.86		E 007
Custom Benchmark, \$141.47	10 [011011	
Prior Period, \$127.39	benchmark:	-15.3%

Scripts per 1,000:

Reporting Period, 8,391		11.007
Custom Benchmark, 10,578	vs prior:	-11.2%
Prior Period, 9,449	vs benchmark:	-20.7%

Cost per Script:

Reporting Period, \$171.41			. 5 007
Custom Benchmark, \$138.90		vs prior:	+5.9%
Prior Period, \$161.79	VS	benchmark:	+23.4%

Generic Util.	79.5%	prior:	81.7%
(% Scripts):		benchmark:	82.4%
Mail Order Util.	12.91%	prior:	5.01%
(% Scripts):		benchmark:	0%
90 Day Fill Util.	0.0%	prior:	0.8%
(% Scripts):		benchmark:	26.1%

Top Therapeutic Classes

Top by PMPM Cost	Members	Reporting	Prior	Benchmark
Miscellaneous	355	\$22.03	\$17.26	\$17.15
Diabetic Therapy	285	\$19.54	\$18.97	\$16.35
Antiarthritics	646	\$18.39	\$17.02	\$15.50
Other Antihypertensives	699	\$7.38	\$9.07	\$1.34
All Other Dermatologicals	136	\$5.08	\$4.15	\$4.86

Top by PMPM Growth	Members	Reporting	Prior	Benchmark
Miscellaneous	355	\$22.03	\$17.26	\$17.15
Diuretics	220	\$3.27	\$1.77	\$0.36
Antiarthritics	646	\$18.39	\$17.02	\$15.50
All Other Dermatologicals	136	\$5.08	\$4.15	\$4.86
Other Hormones	15	\$2.57	\$1.65	\$1.94

Top Drugs

Top by PMPM Cost	Generic?	Members	Scripts	Total Cost	% Change
Humira Pen	N	11	78	\$559,901	41.45%
Hemlibra	N	1	12	\$345,671	0.00%
Uptravi	N	1	13	\$266,104	-28.30%
Trulicity	N	31	132	\$226,881	19.73%
Humira	N	6	44	\$214,145	-17.46%
Jynarque	N	1	12	\$202,618	81.40%
Remicade	N	6	34	\$198,303	38.46%
Copaxone	N	3	34	\$182,704	-12.73%
Imbruvica	N	1	12	\$176,471	-1.42%
Humalog	N	34	118	\$163,139	-8.41%

POTENTIAL DRUG SWITCH SUMMARY



Represents opportunities for cost savings by switching members from brand drugs to clinically and pharmaceutically equivalent generic drugs. Drug switch opportunities are identified using NDC codes, clinical formulation identifiers and data from the FDA's Orange Book via First DataBank.

Note: All dollars gross of rebates

Potential Identified Savings

\$329,780

TOTAL POTENTIAL SAVINGS
Benchmark: \$192,291

1.17%

% OF TOTAL PLAN SPEND

Benchmark: 0.68%

4.28%

% OF TOTAL DRUG SPEND

Opportunity (Brand- Generic)	Therapeutic Class	Members	Potential Savings	Savings Per Member
Copaxone - Glatiramer Acetate	Agents To Treat Multiple Sclerosis	3	\$110,273	\$36,758
Letairis - Ambrisentan	Pulmonary Anti-Htn, Endothelin Receptor Antagonist	1	\$40,136	\$40,136
Advair Diskus - Fluticasone- Salmeterol	Beta-Adrenergic And Glucocorticoid Combo, Inhaled	37	\$35,103	\$949
Adderall Xr - Dextroamphetamine- Amphetamine	Adrenergics, Aromatic, Non- Catecholamine	47	\$29,912	\$636
Lamictal - Lamotrigine	Anticonvulsants	1	\$15,647	\$15,647



APPENDIX – HEALTHCARE: INDUSTRY PERSONA

TRAITS & DISTINGUISHERS

- Higher employee turnover rate, especially among the hourly workforce
- + Consistent and heavy competition for talent
- + Employees will move for a small wage adjustment and benefits typically are a secondary consideration in recruiting/retention
- + Employees are averse to plan changes and value stability
- + Employees prefer lower cost plan options
- + Incentives are typically used to drive engagement among a traditionally male population
- + Perks that help save employees money are valued (uniform or equipment stipend, employer paying for coverage)
- + Employees value voluntary benefits such as Accident and Critical Illness
- + There is an opportunity for general benefits education, as well as information to help better understand a HDHP/HSA plan option
- + A multi-lingual workforce is common, Spanish being the most prevalent

IMA BOOK OF BUSINESS

120+ unique clients

260+ health plans

18.000+ employees

RENEFIT RENCHMARKS

- + Tend to design an "at benchmark" program, with perks leaning away from the traditional (wellness, student loan)
- + Lower employee premiums on average
- Will likely offer multiple plan options, often including an HDHP offering with a Health Savings Account (HSA) but are less likely to contribute to the savings account
- + High Rate of self-insurance

89%

78%

23%

offer PPO plans*

offer HDHP plans*

offer HMO plans*

HEALTH PLAN COST AND DEMOGRAPHICS

Medical Spend



Higher medical spend per employee

Chronic Conditions



Hypertension Lower Back Pain Hyperlipidemia

Rx Spend



Higher Rx spend per employee

ER Utilization



Lower emergency room utilization

Workforce Gender



Male dominated workforce

Geography



Rural and suburban employee locations

Family Size:



Larger family

Plan Member Age



Higher health plan member average age

*IMA Book of Busines industry statistics

Strategic Initiative	<u>Benchmark*</u>	<u>National*</u>
Medical Plan, Network, and Utilization		
HDHP Option	82%	82%
Spaucal Surchargo or Spauca Evalucion	Exclusion: 8%	9%
Spousal Surcharge or Spouse Exclusion	Surcharge: 21%	16%
Telemedicine Cost Sharing	Yes: 69%	72%
relementine cost sharing	Avg copay: \$20	\$25
Onsita/Near Sita Clinia Oscupational Health	Occ. Health: 11%	10%
Onsite/Near Site Clinic - Occupational Health	Primary Care: 13%	14%
Advacacy Tools	Digital: 4%	6%
Advocacy Tools	Telephonic: 34%	29%
Reference Based Pricing	3%	3%
Pharmacy		
PBM Carve-Out	35%	33%
Drug Purchasing Coalition	25%	23%
Steerage to specialty pharmacy usage	76%	71%
Whole Health		
	Mental Health: 70%	75%
Wellness Priorities	Financial: 49%	48%
Weilless Priorities	Weight Mgmt: 41%	40%
	Social Determ.: 5%	8%
Integrated Wellness Platform/App	51%	50%
Financial Health Resources	51%	51%

Expected Plan Changes, Upcoming Year	Benchmark*	<u>National*</u>
Shift more cost to employees	22.7%	19.3%
Conduct medical or pharmacy RFP for 2021	12.9%	12.5%
Manage dependent elections (spousal surch., raise dep. contribs., etc.)	12.4%	7.6%
Steer employees into narrow networks of higher-value providers	7.2%	7.6%
Provide more affordable options for employees	5.3%	6.6%
Implement direct contracting with providers	1.3%	1.3%
Join purchasing coalitions	1.2%	2.1%
Eliminate out-of-network benefits	0.6%	0.5%
None of these	57.8%	60.2%

ONE SIZE DOES NOT FIT ALL

- Strategic and active plan management can help employers manage costs while providing valuable benefits to employees.
- While this page shows the most commonly considered strategic initiatives based on industry, the most effective strategies will consider a group's population, culture, and both short-term and long-term goals.

Voluntary Benefit	Benchmark*	<u>National*</u>
Accident	66%	69%
Cancer / critical illness	59%	63%
Individual disability insurance	20%	28%
Whole / universal life	20%	41%
Hospital indemnity	40%	40%
Long-term care	8%	23%
Auto / homeowners	26%	6%
ID theft	39%	29%
Legal benefit	44%	24%
Discount purchase program	29%	18%
Student loan refinancing / repayment	6%	2%
Pet insurance	28%	13%
None of the above	16%	12%

HOW DO EMPLOYERS PLAN TO SUPPORT EMPLOYEES?*

		A1 14
Planned Employee Support Initiatives in Next Year	<u>Benchmark*</u>	National*
Add, expand or incentivize virtual care, telemedicine, or digital health resources	28.9%	27.6%
Add or expand voluntary benefits	25.4%	22.7%
Add programs/services to expand access to behavioral health services	20.7%	19.2%
Add targeted health solutions ("point" solutions)	11.4%	11.3%
Provide more support for complex cases (specialty pharmacies, intensive case management)	10.7%	8.8%
Work with carriers, or directly with providers, to limit surprise/balance billing	1.6%	3.0%
None of these	42.1%	45.4%

VOLUNTARY BENEFITS

- As cost of health coverage continues to rise for employers and employees, many employers are offering voluntary benefits to provide each employee access to benefits that they value most.
- Voluntary benefits increase the diversity in available benefit offerings, provide benefits to employees in different life stages with different benefit needs, and to supplement and enhance core benefit offerings while managing employer cost.

PEPM Cost by Category

Inpatient

Outpatient

Office Visit

Pharmacy

Industry

\$240

\$224

\$147

\$137

\$216

\$189

Nationwide

\$413

\$342

+ DEMOGRAPHICS

44.2 years

Average Age* Nationwide: 43.9

Nationwide: 40.2%

2.23

Average Family Size Nationwide: 1.96

+ MEDICAL UTILIZATION

\$799.74

Medical Cost Per Employee Per Month Nationwide: \$703.53

189

ER Visits Per 1,000 Nationwide: 191

3.893

Office Visits Per 1,000 Nationwide: 4,110

44.0

Admissions Per 1,000

Nationwide: 47.1

Age and gender benchmarks based on Mercer National Survey of Employer-Sponsored Plans, 2020 All cost benchmarks based on Deerwalk Book of Business, including over 4 million lives, reflecting 2021

16.8%

Avoidable ER Visits Nationwide: 16.1%

84.4%

Routine Exam Adherence Nationwide: 78.6%

5.9%

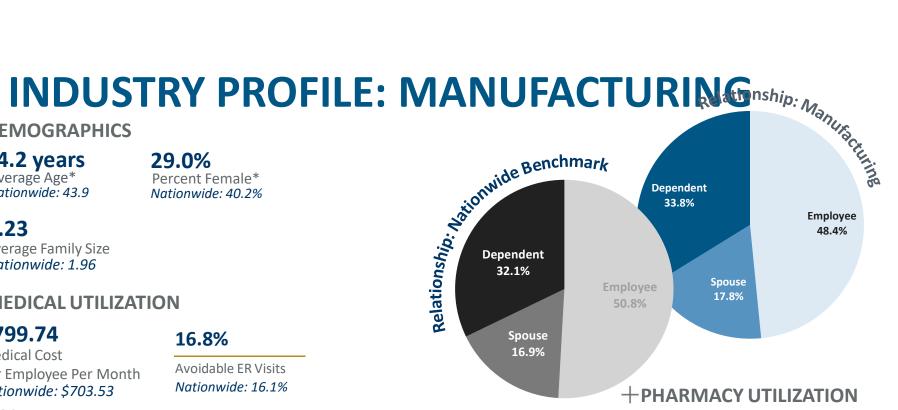
Readmission Rate Nationwide: 6.2%

-7.6%

Immunizations PFPM vs Nationwide

4.75

Length of Stay (Days) Nationwide: 5.13



\$215.86

Pharmacy Cost Per Employee Per Month Nationwide: \$189.02

9.134

Scripts Per 1,000 Nationwide: 9,180

85.1%

Generic Fill Rate Nationwide: 82.3%

20.4%

Mail Order Fill Rate Nationwide: 12.9%

+ MEDICAL DIAGNOSES

Top 5 Diagnosis Categories (By Per Member Cost)

Rank	Industry Rank	Nationwide Rank
1	Cancer	Cancer
2	Gastrointestinal	Gastrointestinal
3	Musculoskeletal	Musculoskeletal
4	Cardiac Disorders	Cardiac Disorders
5	Pregnancy-related	Pregnancy-related

Top 5 Chronic Conditions (By Prevalence) vs Nationwide

Rank	Chronic Condition	Percent Difference
1	Hypertension	16.9%
2	Hyperlipidemia	11.8%
3	Lower Back Pain	21.9%
4	Diabetes	4.7%
5	Depression	12.6%

Diagnoses with Highest Cost Compared to Nationwide Average:

- Vascular Disorders
- **Medication Reactions**
- Trauma/Accidents
- **Blood Disorders**
- Spine-related

Diagnoses with Lowest Cost Compared to Nationwide Average:

- Pregnancy-related
- External Hazard Exposure
 - + Infections
 - Allergic Reaction
 - **Cholesterol Disorders**

+ PHARMACEUTICAL DETAILS

Top 5 Therapeutic Classes

Rank	Industry Rank	Nationwide Rank
1	Diabetic Therapy	Antiarthritics
2	Antiarthritics	Diabetic Therapy
3	Antineoplastics	Antivirals
4	Antivirals	Antineoplastics
5	Bronchial Dilators	Dermatologicals

Therapeutic Classes with Highest Cost Compared to Nationwide Average:

- Diabetic Therapy
- Anti-Ulcer/Gastrointestinal
- Anticonvulsants

Therapeutic Classes with Lowest Cost Compared to Nationwide Average:

- **Antivirals**
- **Antineoplastics**
- Dermatologicals

+ MENTAL HEALTH

5.62%

Depression Diagnosis National Institute of Mental Health estimate: 6.7%

-5.5%

Mental Health Medical PMPM vs Nationwide

Mental Health / Substance Use Admissions vs Nationwide

+0.7%

+17.1% -28.2%

Mental Health / Mental Health Substance Use Pharmacy PMPM Office Visits vs Nationwide vs Nationwide