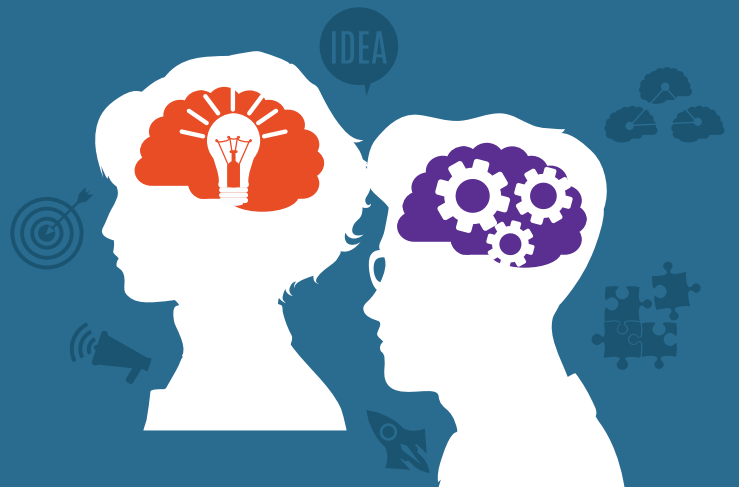


# Developing a Leadership Mindset

The critical foundation for effective communication, navigating change, and avoiding burnout.



**Leadership is a *behavior*, not a title or role.**

## Your mindset is critical to behaving like a leader and your success.

Leadership is about becoming the best version of yourself so, you can maximize your positive impact on the world. Most of us know what we should be doing to communicate more effectively with our colleagues and customers, so why don't we just do it? What is it that sometimes keeps us from showing up as a leader - from bringing our best selves to work...and home each day? Embracing a Leadership Mindset is critical for effective communication, navigating change, and avoiding burnout.



## Creating the conditions for **EVERYONE** to show up as a leader.

Future-proofing your workplace requires that **EVERYONE** shows up as a leader. This starts with enhancing self-awareness - knowing when your thinking is and is not serving you well, how that impacts relationships and effectiveness, and then building the muscle to intentionally show up as the best version of you. That awareness can then be channeled into improving communication, re-framing conflict as a call to creativity, and aligning around a shared vision for your workplace culture and guiding principles that allow everyone to thrive.



**When you develop and equip everyone in your organization to think and behave like a leader, the results are improved engagement, customer experience, and a high-performing organization.**

## Program Overview

- Delivered to in-tact work teams via interactive workshops (~2 hours in length)
- Workshops are conducted at 3-4 week intervals
- Each workshop builds on a previous session
- Practical application exercises between sessions to foster sustainability
- Customized to your group needs

## Outcomes

- Improve self-awareness
- Increase openness to other perspectives
- Improve team communication and conflict resolution
- Foster greater alignment with the organization's purpose

## Session Descriptions

### SESSION

1

**Enhancing  
Self-Awareness**

Session 1 is designed as a foundational session and focused on self-awareness so people can own who they are being in any interaction and be more aware of when their thinking is and isn't serving them well.

### SESSION

2

**Understanding the  
Thinking Behind  
Our Choices**

In Session 2, we look at patterns of thinking that guide our choices. The goal is to further self-awareness so individuals and the team can leverage their strengths and manage frustrations

### SESSION

3

**Improving Team  
Dynamics via Building  
Effective Thinking**

Session 3 moves from self-awareness to how to self-manage to make better choices, communicate more effectively, and increase the likelihood that they can bring the best versions of themselves into every interaction.

### SESSION

4

**Clarifying  
Our WHY**

Session 4 provides the team with an opportunity to clarify and articulate their purpose (WHY) and how they connect to the organization's WHY and core values.

### SESSION

5

**Defining  
Our Desired  
Workplace Culture**

Session 5 asks people to clarify parameters of the key relationships they have and need for living the WHY and collectively vision a workplace where they can thrive and bring their best selves to work and home each day.

### SESSION

6

**Living Into  
Our Desired  
Workplace Culture**

Session 6 focuses on creating a culture of accountability for embodying the Organization's WHY and core values and living the WHY and desired culture on a daily basis.

This program is designed to be most effective when conducted in parallel with our Building a Cohesive Leadership Team program so a common language and way of being can be operationalized throughout your organization.



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**Learn more about developing a leadership  
mindset and the impact it can have.  
Call us today at 877-373-6850  
or visit: [SalveoPartners.com](https://www.SalveoPartners.com)**